



MIRACLE HEIGHTS adventures

Miracle Heights Adventures engages groups in experiential learning activities that embody the spirit of adventure, build resilience, and empower collective success.

Our Options for the Public

- Half-day and full day retreats
- Custom team building and adventure experiences
 1. 33-element Aerial Adventure Park (including 600' zip line) - *the only ropes course in Winston-Salem!*
 2. Aerial Teams Course
 3. Low Ropes Course
 4. We'll come to you! We can bring portable low elements, leadership development, experiential facilitation, and collaborative problem-solving initiatives.

Why team building?

We can target many outcomes and goals for your team or group, and research indicates team building experiences can:

1. Increase employee morale and motivation
2. Improve team communication
3. Increase trust in your team
4. Empower conflict resolution
5. Lower stress
6. Improve mental energy
7. Strengthen organizational health and culture

Pricing

Building it Forward Experiences		
Package	½ Day (1-4 hours)	Full Day (4-8 hours)
Team Building	\$55/person	\$85/person
Off-Site or Virtual	Contact us for pricing and customized programs	
Retreat Package		
8 hours includes: <ul style="list-style-type: none"> • 90-minute Trauma 101 Training • 4 hours of on-site meeting space • 2.5 hours experiential team building 	Up to 35 People <i>Davis Training Center</i>	36 - 85 people <i>Woosley Chapel</i>
	\$3,000	\$6,000
Community Experiences		
Private tour (2 hours)	\$45/person Minimum 6 participants <i>10% off for 10+ participants</i>	

All programming is customizable to fit your group's goals, budget, and time constraints. Discounts are available for non-profits and schools, as well as for returning clients and referrals!

Visit www.crossnore.org/mha for more information.